New Website

The new ESS website is now up. It looks pretty sleek. Be patient as they are transitioning to the new site. Also, all ess emails have now changed. The emails are now just ____@uvic.ca. (Ex. essacom@uvic.ca) Also, I think the fishwrap email is no more. So email me at essacom@uvic.ca

Contests! Prizes! Money!

APEGBC Student Video Contest

APEGBC wants you to show the world why you love Engineering or Geoscience! They are looking for 2 minute videos (.avi only) that answer the question “Why I love Engineering or Geoscience?”

Prize: $1000 and a trip for 3 to the APEGBC AGM and Conference in Victoria

Deadline: September 17th, 4:30 pm

For more info email me or go to www.apeg.bc.ca/students/maps/#StudentVideoContest

Disclaimer: The views expressed in this paper are by no means the views of the UVic ESS or any member of the UVic Engineering department, and therefore should be taken solely as opinion rather than policy.
Welcome Back to Fall 2012
Waiting to hear about your adventures …
Engineering First World Problems

1) Having to move from my basement suite in Vancouver next semester. Ok so last month the landlords gave me and Dougie the old its not you it me for living here in the Fall. Apparently we have to many "parties" and make too much "noise" and they have to "sleep". Jeeze, some people's children. I thought that maybe i'd gotten away form having to move every four months by taking a 8-month coop. Anyways, before you all shower me with emails offering me your second cousins best friends closet for the next four month, I found somewhere. The problem is, I have to make all my worldly goods up to move nearly 15 blocks in a couple of weeks. If that isn't enough, I'm going to have to suffer through having my own bar in the basement, new appliances, hardwood floors, my own backyard, and being 4 blocks from the Canada Line. On top of all this I have to pay $400 a month to live in this place.... *Sigh, oh well, I'll endure. Thats ones thing that living in the first world teaches you, is how to put up with less than favorable conditions. It's a good thing that my room-mates are moving my stuff for me while I go hiking on the Juan de Fuca trail next week. Seriously, I don't think that I could cope.

2) Not having a coffee maker and having to cope with only a french press. Everyone knows that coffee is liquid sleep and on your coops time spent sleeping is better spend doing coop related things like watching TV series and reading non-engineering related books. Anyways, an unfortunate part about living with my room-mates is that none of us thought to bring an automatic coffee maker and we have to settle for the mundane task of making our "daily pick-me-ups", practically by hand, with a french press. It is a dreadful ordeal, sometimes leaving our cup of joe with little floating black group coffee bean, and has almost prompted this writer to switch to the more hassle-free "instant" variety. This idea was quickly negated when I discovered that instant coffee has slightly less caffeine than fresh coffee.

Forever enduring,

The dissenting designer.
The Love Engineer: How to Scare Of Girls 101

Tired of clawing girls off you? Had too much of being a babe magnet and want to explore the other wild side? Want to stay single and not attract any females this coming fall semester? Sigh, being an engineer is such tough work! You’ve come to the right place. Here are 10 ways to de-attract yourself from the female population.

1) Forget showering, the new fall 2012 fad is to let the natural oils soak in over time and then cover it up with tons of Axe, like in high school. Girls hate the smell of freshly showered dudes and clean skin.

2) Start wearing flame pants.

3) For every subject regarding you and her, constantly beat the hell around the bush. Never give straight answers.

4) Wear the same clothes every day. Girls don’t care for vain guys who own more than one outfit. She’ll think that you own multiple sets rather than not bothering to wash it every day anyways.

5) When you ace your midterm or assignment, fist pump in the air, loudly yell “YES!!” and then blatantly rub your mark in everyone’s face. Girls like smart boys.

6) Learn how to laugh like a hyena. This is the natural mating call and she will flock to you.

7) Can’t fit into skinny jeans? Who cares?! Force ’em in and show off those great legs!

8) Grow out any and all facial hair you can and make sure you strategically lodge pieces of food in them. OH and don’t floss your teeth either. The two go great together.

9) Stand outside the womens bathroom with a rose in your mouth. It’s not creepy, it’s romantic.

10) Start randomly adding all the girls in your class to your Facebook and before they even accept, message them a generic love poem. People try too hard to be original these days!
SeaWheeze Lululemon Half Marathon: A Review

I paid $120 to register for the first annual Lululemon Half Marathon in Vancouver. And it was totally worth it. It was so well organized and had so many things I loved about it I am STOKED for 2013’s run. On August 11, 7500 people ran 21.1k, about 4000 from Canada and 3000 from the States. There were people from New York and even Halifax! Lululemon I am so impressed! Here is a list I have compiled of the things I loved about the run, and some memorable moments (in no particular order).

Favourite free items:
1) Technical pair of Lululemon running shorts! (worth $65)
2) Flip flops by Native Shoes
3) Personalized wristband
4) Lululemon bag
5) Everyone received a 1L waterbottle after the run. I downed that thing in 1 min flat.

Favourite things about the full-day Expo:
1) The fact that people (mainly women) lined up at 7am for the SeaWheeze store that had limited edition gear. The line stretched down 2 blocks of downtown, and the scene of women clawing at clothing, dropping on average $700 at the till was just ridiculous.
2) The free massages and nail station
3) Free popsicles, organic bananas, Vega and Davids Tea samples
4) That it took place at the beautiful Convention Centre and Jack Poole Plaza
5) The free yoga classes

Favourite things about the run:
1) Entertainment and cheering every km. There was a gospel choir, clowns on unicycles, cross dressers, drummers, bands, mermaids, toddlers in tutus, people on stilts, and other talent
2) Vega packs, Vega water, fruit, H2O and aid stations every 5km
3) The beautiful route. Started out downtown Vancouver by the Convention Centre, and ran past Science World, Rogers Arena, BC Place Stadium, the Burrard St. Bridge, Lululemon Headquarters, Sunset Beach, and all around Stanley Park.
4) Running beside the ocean
5) Easy elevation compared to the Kamloops 10k. Run was very flat making it easy

So how did I do? Well after having no training over 10k, developing 3 nasty blisters, experiencing leg pain around 16k and stopping once to readjust my Vibrams, I finished in 2:08:35 which I was quite happy with for completing my first half marathon in less than 4 months of training. OH and did I mention that there was a free concert after the run with Hey Ocean! and Fun. playing? And only Runners got the best view in the “runners only” zone, unless you were Tyler Lanigan and snuck in under the name “Stephanie”

~Tiffany
Nigel’s Casserole: Reader Review

Dear Nigel,
In response to your casserole recipe for the last two weeks, I have to say I am very disappointed and have some serious issues I’d like to bring up.

First of all, I couldn’t find “ground ass beef” at the grocery store. The butcher gave me a weird look and recommended I just buy pork ends so I did.

Secondly, when did shit get categorized with frozen veggies? Are you talking about animal or human shit?? WHO ARE YOU AND WHAT HAVE YOU DONE WITH MY REAL NIGEL?!

Thirdly, your recipe does not take into consideration those who are lactose intolerant or vegetarians. However I do applaud you for considering those with gluten intolerance issues. That is all.

Sincerely,
The one who eyes you from afar

My attempts to find a stock photo of “ground ass beef” were surprisingly futile.

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Back to School

Mama mia, I can’t believe I failed my Video Games class!

But Mario, you don’t play video games. You’re just in them.

You’d think I’d have learned a thing or two after hours of stomping on those damn turtles.

What was the deal with those freaks?

Nothing in that game was very well thought out. Once you start seeing giant invisible coin boxes next to venus flytrap-infested sewer drains, you stop questioning the details and just go with it.

I never did spend those coins...

Maybe you should have used them to buy a gun.

Coulda saved myself a lot of jumping.
A shot is a shot? Not quite.

For starters, a shot in Canada or the US is not in any way, shape or form equal to an ounce (Imperial or US). A "single" is around 42-44 mL whereas a "double" is 72-89 mL. Of course a double is not officially twice the size of a single. That would just be too easy.

This seems a little arbitrary. First, in the US, there is no standard drink or shot size. It's usually around 1.25-1.5 US fl. oz. (37-44 mL). Most provinces in Canada have an official definition of a "standard drink" that is 17 mL of pure alcohol. So with 40% ABV liquor, that makes a 1.5 oz or 42.62 mL shot. Of course, bars and restaurants are under no pressure to serve drinks according to these standards. They aren’t allowed to over serve or blatantly lie about the alcohol content. However, some of them use a "standard drink" of only 1 fl. oz of liquor.

Also, don’t be confused by the "fl. oz" part. That's just to differentiate between ounce (weight) and fluid ounce (volume). Both the US and the Imperial fl. oz are close to one oz (weight) of water, but not quite. One is too large, the other too small.

For the record, the Viktor Viking shot glasses are about one shot (or “single”) when filled to just above the black circle.

~D Fresh

From the Editor

I realize parts of this issue are identical to the last one. I was a little rushed and they are important articles. So this is the last co-op issue. I’m headed back to hallowed ivory towers of uvic in a couple weeks. For those of you continuing on co-op, good luck and follow the ESS facebook group or website for more fishwrap goodness. For the rest who’ll be joining me in september, keep your eyes peeled for first week festivities. Accompanied by an awesome first week fishwrap.

Thanks to all who contributed:
Tiffany Yu        Calvin Tripp
Tyler Lanigan

As always, send stuff to me at
essa@uvic.ca

~D Fresh