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HOW DO YOU DO, FELLOW STUDENTS?
Events You Probably Forgot Were Happening

November 17, 2018: LTD Drag Queen Bingo
Come down to Felicita’s Campus Pub (if you’re 19+) for a night of Bingo, Drag Queens and fabulous prizes! Cover is $3 and all proceeds will go to UVic’s Leadership Through Diversity Club.

November 18, 2018: Bug Push
Bug Push is the charity event that the UVic Engineering Students’ Society (UVic ESS) hosts in partnership with the UVic United Way campaign. Teams of UVic students, faculty, staff, and corporate teams from across Victoria test their stamina, have fun, and raise funds while manually pushing a hollowed-out 1972 VW Beetle around UVic’s 2.2-km Ring Road. Each team pushes for a half-hour shift, with the goal of keeping the bug rolling for 12 hours straight. This year we the “Bug” has a zebra-inspired paint job! Check out the ESS Facebook page for

November 18, 2018: Victoria Hand Project Night of Lights
Purchase a $5 ticket to Hillside’s Night of Lights event and be entered to win a $4000 travel getaway! (and support your very own local engineering non-profit the Victoria Hand project). Tickets can be purchased in ECS A247.

November 21, 2018: Women in Engineering Mixer
LTD’s annual Women in Engineering Pottery Mixer! Come down to Fired Up! and paint some pots.

November 23, 2018: ESS Formal Night
Join your colleagues for a ~classy~ night of billiards, booze and black-tie attire. More details TBA.

November 30, 2018: ESS Free Food Day
Free. Food. Need we say more?
Surviving and Thriving During Midterm Season

[Un]fortunately, we can all relate to the hours upon hours of studying, mixed with some all-nighters and gallons of coffee. Read ahead and you too can be prepared for the week(s) from hell!

1. Start early

Cramming – or putting off studying until the day before an exam – is not only an ineffective study strategy; it’s stressful, too. Leading experts suggest students should begin studying for exams about a month before your exams are scheduled. Unfortunately for you, you’re currently enrolled in six courses and each one has a three-hour weekly lab, mandatory tutorial and bi-weekly assignments that take approximately the whole two weeks to finish. Plus, if you really think about it, you’ve technically been studying this whole semester by LEARNING the content the first time around. A quick night-before review should be no biggie.

2. Form a study group

Committing to a midterm study group can help motivate you to study hard and hold you accountable for your midterm prep. Not to mention, some of the very best lectures have been the ones held by your one friend who learned the material the day before. Strength in numbers, but not too many numbers or the wrong numbers or numbers too close to the actual midterm date. Soon you may find yourself squashed into a library study room with thirty-seven people and not a single one has any idea what’s going on. Hey, everyone for themselves, right?

3. Use your time wisely

Evaluate your daily schedule to check for any “wasted” time you could use to study for your midterms. Just kidding, we know all your extra time has already been drained into homework. But guess what? Now time you didn’t even know you HAD will be used for studying. Going to the gym every day? THINK AGAIN. Making food? THINK AGAIN. Taking a shower? THINK AGAIN.

Another name for this season? Stay out of ELW because everyone smells season.

4. Stay healthy

Eat that kale and jog between classes because you really, REALLY don’t want to be the guy with the sniffl-y nose in the midterm. Leaning over the test paper really makes for a great snot slip-and-slide. On the plus side, the people who get stuck sitting near you will make for great new enemies!

5. Get enough sleep

Last but not least, it is recommended that younger adults (18-25) sleep approx. 7-9 hours a night. This might sound unrealistic, but by the third midterm you’ll be having such vivid stress dreams that it’s basically the same as taking a practice test. Get those naps in!

With these study tips under your sleeve, you’re basically unstoppable! Let’s get these As!
Executive “Snapshot” Bios

We asked the ESS executive members to share their greatest advice and darkest secrets...

Nathan Lawko (President)

Advice to first years: Come to the ESS but don't study here, it won't work
Favorite colour: Lavender
Favorite adult beverage: The Merg – coffee mixed with energy drink

Isaac Mand (VP Academic)

Advice to first years: Due Friday =/= Do Friday
Favorite class: Psych 100A
Yearbook quote: “Anything is possible when you sound Caucasian on the phone”

Damon Pederson (Director of Services)

Advice to first years: Don't let 141 sneak up on you
Favorite colour: Green
Halloween costume this year: “what are you going as for Halloween?”
Drunk.

Alexandra Bouder-Carter (Secretary)

Advice to first years: Take chem 101 not chem 150
Yearbook quote: “No love without the glove”
Favorite adult beverage: Chocolate milk

Victoria Wheatley (Director of Corporate Relations)

Advice to first years: FFS, stop stopping to talk to people in the middle of busy hallways
Favorite colour: #bae1ff (which is kind of a light blue for us common folk)
Favorite class: Mechatronics

Helen Spry (Director of IT)

Advice to first years: Go to the lectures; exams are easier when the prof tells you what's on them
Favorite adult beverage: “My favorite adults to drink are confused engineering students... Oh wait, who told you I'm a vampire?”
Executive “Snapshot” Bios

We asked the ESS executive members to share their greatest advice and darkest secrets...

Nathan Lawko (VP of Finance)

Advice to first years: Be who you wanna be, Barbie girl
Favorite class: Asian History (But actually Data structures and Algorithms)
Favorite adult beverage: Sake

Liam Downey (Director of Events)

Advice to first years: It’s not too late to leave!
Yearbook quote: “It’s hard being a single mother, especially when you have no children and are a man.”
Halloween costume this year: Slutty Nurse

Biarki Weeks (VP Communications)

Advice to first years: Only skip the useless lectures
Yearbook quote: “You miss 100% of the shots you don’t take”
– Wayne Gretzky
Favorite adult beverage: Dark Matter

Savannah Gillette (Director of Sport)

Advice to first years: The best Coffee on campus by far is at Munchie Bar in the SUB
Favorite class: High School Gym
Favorite colour: Burgundy

Honorable Mentions (AKA Questionaires We Don’t Have):

TaeHun Kang (Vice-President External)

Megan Chisling (Vice-President Student Life)

Alex Sheppard (Director of Services)

Jivtesh Garcha (Director of Corporate Relations)
Word-Searching

TO FIND:

BILL BIRD
BOB WRIGHT
CEMENT
DAVID STRONG
DAVID TURPIN
ELECTRON
ENGINEERING
EXAM
LABS
LIBRARY
MAGIC
MIDTERM
MYSTIC MARKET
STRAIN
STRESS

ENGR-Scopes

MECH – The moons of Saturn have aligned and are sending good vibes to you and your solidworks. May the boss extrude be with you.

ECE – The collective dark forces in the universe have gathered and are deciding on the best way to move electrons from place to place. Stay tuned for the results.

BME – Mercury is in Gatorade this week so expect some weird stuff. Touch up on your human biomechanics because you might need to RUN.

CIVE – The vibrations from the tectonic plates may have you on edge this semester, but don’t be fooled. Your midterms will rock your boat more than any large earthquakes coming our way (even the BIG one).

SENG – 01001000 01101001 00100000 01110100 01101000 01100101 01110010 01100101 00100000 00111010 00101001
**Online Reviews of Laser Products**

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<tr>
<th></th>
<th>Surgery</th>
<th>Removal</th>
<th>Printer</th>
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<tbody>
<tr>
<td><strong>Eye</strong></td>
<td>!★★★★★ &quot;I don't need glasses anymore!&quot;</td>
<td>!★★★★★ &quot;Aaahah! Misread the description! AAAAAAAAAAA!!&quot;</td>
<td>!★★★★★ &quot;Ew.&quot;</td>
</tr>
<tr>
<td><strong>Laser</strong></td>
<td>!★★★★★ &quot;Too nervous to try it.&quot;</td>
<td>!★★★★★ &quot;Effective, but the FAA got really mad.&quot;</td>
<td>!★★★★★ &quot;Prints great!&quot;</td>
</tr>
<tr>
<td><strong>Jet</strong></td>
<td>!★★★★★ &quot;Confusing term for haircut. Burning smell.&quot;</td>
<td>!★★★★★ &quot;Great results!&quot;</td>
<td>!★★★★★ &quot;Disgusting, don't turn off fans constantly.&quot;</td>
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<tr>
<td><strong>Hair</strong></td>
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https://xkcd.com/1681/

**What Do You Call An Acid With An Attitude?**

A-mean-oh acid.

https://www.hellobio.com/blog/ten-of-our-favourite-science-memes.html

If a binary tree wore pants would he wear them like this or like this?

https://www.reddit.com/r/ProgrammerHumor/comments/6lvvdf/cant_really_wrap_my_head_around_this_one/

Great moments in evolution

https://ndrockclub.org/2015/01/19/the-far-side/
Tell Us Stuff!

Have an announcement? Funny Story? Meme of the Century? Toss it our way and we'll try to get it out to the masses.

https://www.gocomics.com/calvinandhobbes/1985/12/18

What actually happens in CIVE 360 (Sustainable Transport Systems)

https://xkcd.com/1729/

https://www.pinterest.ca/mlemay95/electrical-engineering/

Tell Us Stuff!

Twitter: @UvicESS
Facebook: UVicESS
Snapchat: Fishwrap
Website: ess.uvic.ca